# SCHOOL IMMUNIZATIONS, PHYSICALS, AND VISION RULES AND REGULATIONS INFORMATION

### HEALTH REQUIREMENTS FOR CHILDREN ENTERING KINDERGARTEN, 7TH GRADE OR FROM OUT-0F-STATE

#### PHYSICAL AND VISUAL EXAMS

These can be done any time between now and the first day of school

- Kindergarten or new students transferring from out-of-state are required to have a physical and visual exam.
- All 7<sup>th</sup> Graders are required to have a physical exam and immunization.
- Please have the physical form and record of immunizations returned to the school by the first day of school or sooner if possible.

## IMMUNIZATION REQUIREMENTS FOR KINDERGARTEN AND 7<sup>TH</sup> GRADE

Children are required to have:

- 3 doses of Dtap, DT, or Td vaccine with one given on or after the 4th birthday,
- Tdap booster for 7<sup>th</sup> grade (must contain pertussis booster)
- 3 doses of Polio vaccine,
- 2 doses of MMR vaccine, given on or after 12 months of age and separated by at least one month,
- 3 doses of Hepatitis B vaccine, and
- 2 doses of varicella (chicken pox) vaccine given on or after 12 months of age. Written document including year of varicella disease from parent, guardian, or health care provider will be accepted.

Nebraska State Law states that students **will not** be admitted to school without the minimum immunizations listed here. Waivers will be allowed if your doctor states the child cannot receive a specific immunization. This will have to be on a written form provided by the school and signed by the physician.

#### VISION

Students entering school for the first time, including kindergarten and transfer students from out of state, will be required to provide proof of a vision evaluation taken within six months prior to the student's entrance.

The vision evaluation is required to test for amblyopia (lazy eye) and strabismus (misalignment of the eyes), which are two of the most common vision disorders in young children, as well as internal and external eye health and visual acuity. A certificate or form stating results of the evaluation must be signed by an optometrist, physician, physician assistant, or advanced practice registered nurse.

## IMMUNIZATION CLINIC SCHEDULE

**Madison Immunization Clinic:** Madison Medical Clinic, 222 S. Main Street 1:00pm-5:00pm: March 6, May 1, July 3, September 11, November 6 – 11 a.m.-3 p.m. Please call (402) 529-2233 for an appointment.

**Norfolk Immunization Clinic**: 302 W Phillip Ave., Norfolk -10:00 am-3 pm on the 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> Wednesday of the month, 1:00 pm-6:00 pm on the 4<sup>th</sup> Wednesday of the month. Please call (402) 529-2233 for appointments. **They provide immunizations to both VFC eligible children and those who are privately insured.** 

**Boone Community Immunization Clinic:** at the Casey building on the fairgrounds in Albion: April 18, May 16, June 20, July 18, August 15, September 19, October 17, November 14, and December 12. Time is 10am-2 pm. Call (402) 564-1124 ext. 230 for appointments. **They take ONLY Medicaid and uninsured. Insurance patients get their shots at the medical clinic.**