



NEWMAN GROVE SCHOOL BREAKFAST/LUNCH MENUS

(A variety of low fat & fat free milks offered daily with each meal; salad bar is available to 7-12)

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|---|
| September 9 Pancake Wraps <u>Fresh Fruit & Juice</u> Pizza Carrots Peaches | September 10 Breakfast Sandwich <u>Fresh Fruit & Juice</u> Orange Chicken Rice Pears | September 11 Apple Frudel <u>Fresh Fruit & Juice</u> Tater Tot Casserole Green Beans Dinner Roll Pineapple | September 12 Cini Minis <u>Fresh Fruit & Juice</u> Grilled Chicken Sandwich Mixed Veggies Tropical Fruit | September 13 Mini Pancakes <u>Fresh Fruit & Juice</u> Mini Corndogs Baked Beans Mandarin Oranges |
| September 16 Cereal <u>Fresh Fruit & Juice</u> Popcorn Chicken Mac and Cheese Peas Applesauce | September 17 Blueberry Muffin <u>Fresh Fruit & Juice</u> Sloppy Joes Green Beans Peaches | September 18 Apple Churro <u>Fresh Fruit & Juice</u> Sub Sandwich Carrots Pears | September 19 Mini Donuts <u>Fresh Fruit & Juice</u> Chicken Alfredo California Veggies Garlic Bread Mandarin Oranges | September 20 Cherry Frudel <u>Fresh Fruit & Juice</u> Crisпитos with Cheese Sauce Tater Tots Tropical Fruit |
| September 23 Pop Tart <u>Fresh Fruit & Juice</u> Chicken Strips Corn Pineapple | September 24 Mini French Toast <u>Fresh Fruit & Juice</u> Breaded Beef Patty Mashed Potatoes/Gravy Dinner Roll Mandarin Oranges | September 25 NO SCHOOL | September 26 Banana Muffin <u>Fresh Fruit & Juice</u> Hot Ham & Cheese Sandwich Peas Tropical Fruit | September 27 Biscuit & Jelly Cheese Omelet <u>Fresh Fruit & Juice</u> Chicken Fajitas Rice Applesauce |
| September 30 Mini Waffle <u>Fresh Fruit & Juice</u> BBQ Rib Sandwich Corn Pears | October 1 Cherry Turnover <u>Fresh Fruit & Juice</u> Cheeseburgers French Fries Peaches | October 2 Long John <u>Fresh Fruit & Juice</u> Flying Saucer Dinner Roll Pineapple | October 3 Breakfast Pizza <u>Fresh Fruit & Juice</u> Chicken Nuggets Green Beans Mandarin Oranges | October 4 French Toast Sticks <u>Fresh Fruit & Juice</u> Pepperoni Pizza Mixed Veggies Applesauce |
| October 7 Pancake Wraps <u>Fresh Fruit & Juice</u> Popcorn Chicken Mixed Veggies Peaches | October 8 Mini Raspberry Turnover <u>Fresh Fruit & Juice</u> Pulled Pork Sandwich Baked Beans Tropical Fruit | October 9 Mini Donuts <u>Fresh Fruit & Juice</u> Hamburger Gravy Ove Mashed Potatoes Dinner Roll Mandarin Oranges | October 10 Mini Waffles <u>Fresh Fruit & Juice</u> Grilled Chicken Sandwich Carrots Applesauce | October 11 Breakfast Sandwich <u>Fresh Fruit & Juice</u> Walking Tacos Fiesta Beans Pears |

(menus are subject to change without notice)

